

GENERAL PRE-HEALTH TIMELINE

YEAR	ACADEMICS	ACTIVITIES
<i>Freshman</i>	<ul style="list-style-type: none"> • Schedule courses for the year which include a combination of general education requirements and science requirements for pre-health. • Utilize the Pre-Health Freshman-Sophomore Handbook and the Pre-Health Web Page to get information regarding the required science courses and scheduling tips. • Utilize the Harpur Advising web page for information regarding general education requirements as well as Harpur requirements. • Adjust to the academic rigors of college coursework. If you need assistance with your courses, consult initially with the professor and TA's. Beyond that, you may wish to obtain a tutor through the Center for Academic Excellence. • DA's are available to assist you with your adjustment to academic life at BU as well. • During second semester you may wish to engage in some preliminary dialogue/considerations regarding a major. • Also during second semester you may wish to begin preliminary consideration of a health professions career. • Subscribe to PREHLTH-L 	<ul style="list-style-type: none"> • Get out and do something, but don't do everything (time management is the key) • There are many residential community based activities you can participate in to get a better feel for your own community and meet new people. Check with the RA's regarding this. • There are also campus wide activities and organizations in which you can participate. These may be social, academic, or a combination of the two. They may reflect your personal skills, talents, religious affiliation, ethnic identity, academic interests, career interests, etc. • You also may wish to explore activities to which you've had no previous exposure. Do something new and different. • During second semester, you may wish to consider what you might do over the summer. If you have a definite academic or career focus at this time, pursuing an internship or some other sort of participatory learning activity might be beneficial. Even if you don't have 1 specific focus, it may be possible to explore 2-3 during the summer. • Attend events sponsored by the Pre-Health Office/Student Advisory Committee which are open to all or which are specific to your class year
<i>Sophomore</i>	<ul style="list-style-type: none"> • Continue to pursue required coursework as defined in the sources mentioned for freshman year. • If you have some preliminary idea of a major, you may wish to explore an upper level course in that department, though perhaps second semester rather than first. 	<ul style="list-style-type: none"> • Continue with activities you found rewarding freshman year, but also explore new ones. • As you pursue your activities and interests, do something extra (beyond what you did freshman year) to foster new skills, abilities, etc. on your part.

	<ul style="list-style-type: none"> • Declare a major by the end of spring semester. You may change it at any time, but you need to have something put down by that time (university requirement). • You may wish to begin meeting with the Pre-Health Advisor to discuss your interests, academic progress, etc. with respect to being a future health professional. • As a way of gaining both academic credit as well as exposure to a profession, consider applying for an OCC internship for fall or spring. • Begin to focus on a particular health profession and any specific/unique academic preparation it requires. 	<ul style="list-style-type: none"> • As you begin to define your health professions interest, you may wish to join one of the campus organizations which represent that health profession. • OCC internships (see Academics Column). • For summer activities, you may wish to explore internships which focus on your particular health professions career. These are sponsored by a variety of agencies and lists are available in academic departments, the Pre-Health listserv, and the CDC. • Through activities and academics, begin to focus on a particular health profession. • Attend events sponsored by the Pre-Health Office/Student Advisory Committee which are open to all or which are specific to your class year.
<p><i>Junior</i></p>	<ul style="list-style-type: none"> • Declare a major if you haven't already done so • Complete remaining general education requirements so you can focus on your major requirements. • Complete your particular set of pre-health requirements. • If you have more than one academic interest, consider doing a minor or perhaps a double major. • Meet regularly with the Pre-Health Advisor to refine the pursuit of your particular health profession. • Begin the preparation for the admission test for your health profession. • Prepare for the application process, which will begin over the summer. • Prepare for the credentialing process, which will occur during the summer. • Obtain the Junior-Senior Handbook. • Take your entrance examination at the end of the year or during summer. 	<ul style="list-style-type: none"> • Continue with activities you found rewarding in earlier years, but also explore new ones. • As you pursue your activities and interests, do something extra (beyond what you did earlier) to foster new skills, abilities, etc. on your part. • Attend events sponsored by the Pre-Health Office/Student Advisory Committee which are open to all or which are specific to your class year. • OCC internships. • For summer activities, you may wish to explore internships which focus on your particular health professions career. These are sponsored by a variety of agencies and lists are available in academic departments, the Pre-Health listserv, and the CDC. • Prepare for the application process, which will begin over the summer. • Prepare for the credentialing process, which will occur during the summer.

<i>Senior</i>	<ul style="list-style-type: none"> • Finish: general education, pre-health, and major requirements so you can graduate. • Take your entrance exam in early fall. • Complete the application process, if you have not already done so. • Schedule classes so as to allow for absences attributable to professional school interviews. • Meet with the Pre-Health Advisor regarding your application, interviews, etc. • Prepare for the transition to professional school. • Enjoy second semester. It'll be the last truly relaxing academic/social experience you'll have for awhile. 	<ul style="list-style-type: none"> • Continue with activities you found rewarding in earlier years, but also explore new ones. • Attend events sponsored by the Pre-Health Office/Student Advisory Committee which are open to all or which are specific to your class year. • Complete the application process, if you have not already done so. • Prepare for the transition to professional school • Enjoy second semester. It'll be the last truly relaxing academic/social experience you'll have for awhile.